

## Suggested Donations (Medical & Etc.)

\*\*\*Additional Suggestions May Be Provided in the Future\*\*\*

1. Surgical Gloves (various sizes)
2. Goggles
3. Digital Thermometers (and covers)
4. Penlights
5. Urine analysis strips (litmus papers)
6. Alcohol swabs (please, no bottles of rubbing alcohol)
7. Cotton Balls
8. 2x2 and 4x4 gauze pads
9. Bandages
10. Pregnancy Tests
11. Condoms
12. Toothpaste (small tubes okay)
13. Toothbrushes (adult and children's sizes)
14. Dental Floss
15. Mouthwash (small bottles okay)
16. Anti Inflammatories: ibuprofen, aleve, motrin, diclofenac (voltaren) tablets/cream.
17. Analgesics: acetaminophen (tablets)
18. Acetaminophen syrup/ibuprofen syrup for children
19. TUMS, Peptobismol, Pepcid AC, Stool Softeners, Prevacid, Cimetidine (both OTC and Rx)
20. Gas relief meds (ex: Mylanta, Rolaids)
21. Rx: Azithromycin, Amoxicillin, Cephalaxin, Doxycycline, Omeprazol
22. Allegra, Ceterizine
23. Tussin, Robitussin, Dimetapp
24. Monistat Vaginal Cream, Miconazol
25. Eye and ear drops (any)
26. Lamisil, Vagicaïne
27. Anti-fungal creams (ex: **Tolnaftate is in much need for ringworm!**), Terbinafine (Oral: rx only)
28. Vitamin B Complex, C, Calcium w/Vit D, Prenatal (**Note: High need for prenatal vitamins with Folic Acid, and children's multivitamins**)
29. Anti-septic ointment (any) for cuts/burns
30. Physical Therapy:
  - a. Elastic Bands, Therabands, Tennis Balls, Ace Bandages, Grip exercise Balls, Ice/Heat Packs, Massage oils/gels for sensitive skin, Goniometer, Slings, Towels
31. Children's coloring books, Crayons, Children's Books in spanish (ex: Dora the Explorer), Hair clips & accessories, Stickers, Blowing bubbles (favorite), Beach balls (favorite), Candy, Little stuffed animals, Stamps, Clothes (hats, socks, shoes...), etc...
32. Travel sized toiletries (any and all: adults and children)